

WHERE DOES ALL THE MONEY I RAISED GO?

Ask your friends, your family, or coworkers to sponsor you on your walk or run to help reach your goal. Donations from this event helps individuals seeking pregnancy support by funding access to free pregnancy tests, options information, emotional and spiritual support, post abortion support, community referrals, and material support in a confidential, and no-judgment environment.

How many women will your team support this relay?



ABOUT THE PCC

The Pregnancy Care Centre is a non-profit, charitable, Christian organization offering compassionate support to anyone facing an unexpected pregnancy.

Our mission:

We provide compassionate community support to women and families facing an unexpected pregnancy so that they can thrive without seeing abortion as their only option.

Let's celebrate these moms. We care. We want to help. Your support can remind her that there is help, that she is not alone, and that abortion does not need to be her only option.

Last year, because of generous donors like you, the PCC was able to support 1107 women and men making life altering pregnancy decisions! We can't do this without you!

Charitable Status Number: 107786683RR0001

FUNDRAISING TIPS

- Set a goal for yourself
- Make the first sponsorship so others can see your personal commitment
- Be flexible! Not everyone carries cash or cheques anymore. When you register online, you can also collect sponsorships via credit card! Check out our website for more information!
- Carry your Sponsor Sheet with you, or have your online fundraising page bookmarked so you are always prepared
- Share a story that inspires you. Check out our YouTube channel iamnotalone.ca for where there is a collection of video stories of individuals who have been helped by the PCC.
- Let your sponsors know that all donations over \$20 will be issued a tax receipt
- Check with your work's HR department to see if your company participates in a corporate matching program
- Share with your friends, family, co-workers, church, and neighbours why you are raising funds, what it means to you, and why it's important. Let them know that the Pregnancy Care Centre exists so that no one has to feel alone in an unexpected pregnancy.

*participants who raise **\$50 or more** receive a lunch and are eligible to win sponsored prizes!

F.A.Q.

If I can't attend, Can I still help?

Yes, you can! Here are some ways you can help:

- You can still collect sponsorships using this form or online! You can hand in any cash or cheques at any of our offices by May 31st.
- Go online to PCCfriends.ca to make a donation
- Sponsor someone else you know who is participating in the Relay

Where is the Relay?

The Relay begins at The Peoples Church Toronto at 374 Sheppard Ave East, North York, ON, M2N 3B6 (near Bayview & Sheppard).

Is it better to register as a team or on my own?

As a team, you can collectively work towards a goal. Many churches will register as a team for a bit of friendly competition. You don't have to be part of a team to participate. There will be plenty of people of all ages for you to walk with and meet.

Is there parking available?

Yes. The half of the church parking lot will be reserved for the lunch area. There is parking on the other half of the lot.

Can I bring my children?

Absolutely! This isn't a race, so the Relay is stroller and kid friendly. There will be activities for kids. Kids 12 and under eat free! (Throwback attire from your favourite decade is encouraged, prizes to be won)

What if I can't fundraise \$50 or more?

Participants who fundraise \$50 or more will receive lunch and are eligible to win sponsored prizes. Kids 12 and under eat free! If you can't fundraise \$50, you can still purchase lunch on the day of the event while supplies last. Please note that we can only order enough food for those who register online by May 1st.

How do sponsored donations help the PCC?

All donations from this event will go directly toward helping individuals in unexpected pregnancies. Donations fund access to free pregnancy tests, options information, post abortion support, community referrals, and practical support.

Do I need to dress up for the theme?

No, you do not need to dress up for the theme, but it's encouraged! Dress in attire from your favourite decade or wear one of PCC's Past Relay t-shirts! Prizes to be won for best costumes!

Thank you for your participation!



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416-229-2607 | events@pregnancycarecentre.org
www.PCCFriends.ca

SPONSOR FORM



SATURDAY, MAY 9th @ 9:30AM
THE PEOPLE'S CHURCH
374 Sheppard Ave E. North York

Register online, get sponsors, & participate in the 5km walk. All proceeds you collect will directly support women and men making life-changing pregnancy decisions.

REGISTER ONLINE BY
MAY 1ST
PCCFRIENDS.CA

*Please be advised that all participants must register online first to secure your spot in the 5km Walk. Visit pccfriends.ca to register. You can collect pledges via your online account, or you can use this pledge form to collect pledges. Please bring this pledge form to the relay registration desk on May 9th to hand in your donations.

Thank you for walking with us.
Each step makes a difference!